

LIGHTER.
FASTER.
BOUNCIER.

asics
I MOVE ME™



NOVABLAST

SPORTSSHOES.COM
RUN BOOK 2020





THE RUN BOOK 2020

Times they are a-changin'...

It seems to me that things are changing and changing fast in the running world.

Every brand partner seems to be rapidly developing their approach to running tech with an increased focus on softer, plusher cushioning with bigger, faster energy return and runner propulsion.

Revolution happens fast and as times get quicker, barriers smashed and records broken, now feels like a good time to try something new and be part of it.

Sounds good, eh? Hope you enjoy this edition and thanks as always for your business.

BRETT BANNISTER, MANAGING DIRECTOR



@sportsshoes @sportsshoes_com @sportsshoes



Terms & Conditions - **1.How to Order.** Online: www.SportsShoes.com Phone: Call 01274 530530 Opening hours: Mon - Thurs 9am - 7pm | Fri 9am - 6pm | Sat 9am - 5pm | Sun **2.How to Pay** We accept all major credit and debit cards. Cheques and postal orders should be made payable to SportsShoes.com. For payment by cheque please allow 15 working days for delivery. **3.Delivery** Delivery charges may apply, please see website for details or call 01274 530 530. Please place your order before 1pm to guarantee next working day delivery to Mainland UK addresses. Guaranteed Saturday and International Delivery Please see website for details. Please note that additional charges may apply to bulk orders. **3>Returns/Cancellations** You may cancel your order within 14 days of placing it. Our no quibbles returns policy means we'll exchange or refund all items which are returned to us within 28 days of receipt in the same perfect condition as sent, in their original packaging with the labels attached. **4.Availability** All items are offered subject to availability. Prices are correct at the time of going to print and supercede all previous prices. Please see website for the terms and conditions of our Price Beat Promise. Every reasonable care has been taken to ensure that descriptions and photography are accurate, however slight variations may occur. We reserve the right to withdraw any item without notice. **5.Promotions** We reserve the right at any time, at our sole discretion and without notice to end, suspend, amend or add additional terms and conditions to any promotion. You may not use more than one promotion per order and promotions may not be used in conjunction with one another unless otherwise specified by us. This includes affiliate promotions or in association with cashback sites. To unsubscribe, please email marketingpreferences@sportsshoes.com or call 01274 530 530. For full terms and conditions see www.sportsshoes.com. SportsShoes.com, 1 The Park, Jubilee Way, Shipley, BD18 1QG

RUNNER

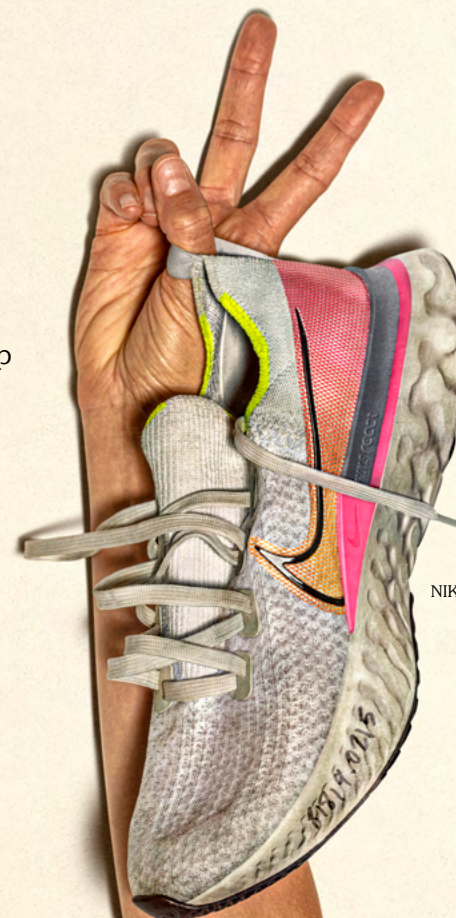
Nike React Infinity Run

£139.95

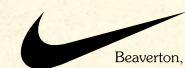
This shoe is the workhorse for everyone willing to put in serious miles, keeping you protected and injury free. With a wider base you can remain stable throughout your entire run keeping your form and performance at its best.

Designed To Help
Reduce Injury

And Keep You
On The Run.



NIK 16336



Beaverton, Oregon

APPROVED.

RUN CUSHIONED



BOOST

ULTRA
BOOST 20



TOUCH DOWN WITH CONTROL,
RIDE WITH COMFORT.



ADI 12663

ADI 12674

ADI 12659

Featuring a foot-hugging knit upper. Stitched-in reinforcement is precisely placed to give you support in the places you need it most. The soft elastane heel delivers a more comfortable fit. Responsive cushioning returns energy to your stride with every footstrike for that I-could-run-forever feeling.

£159.95



LIGHTER.
FASTER.
BOUNCIER.

CUSHIONED RUN

asics
I MOVE ME™



NOVABLAST

SPRING INTO ACTION

Experience the trampoline-like effect of ASICS' FLYTEFOAM Blast™ technology. Every step bounces back, launching you forward throughout your run.

TWICE AS LIGHT

The lightweight upper delivers excellent airflow, keeping your feet cool and fresh. Plus, reflective details provide extra visibility in low-light conditions.

ZERO GRAVITY

The outsole is made with FLYTEFOAM Blast™ technology—creating a weightless bounce you have to feel to believe.



ASI 10543



ASI 10544



ASI 10546

£119.99



asics
I MOVE ME™

ASI 10456

**REDEFINING
TECHNOLOGY**
— SINCE —
1949

東京
**RETRO
TOKYO PACK
GEL-NIMBUS™ 22**

Improved forefoot GEL™ technology further reduces the load on feet, while the FLYTEFOAM™ Propel technology in the midsole delivers a more energetic ride.

£154.99

CUSHIONED



ASI 10450

**ASICS
GEL-KAYANO 26**

Tackle long distances in comfort, thanks to the rearfoot GEL™ technology that's been redesigned for improved shock absorption upon impact.

£154.99 SUPPORT



ASI 10451

**ASICS
GT-2000 8**

Features an updated GEL™ technology piece and a softer section of foam in the heel for improved comfort and shock absorption.

£119.99 SUPPORT



ASI 10457

**ASICS
GEL-CUMULUS 21**

The GEL-CUMULUS™ 21 Retro Tokyo blends two different midsole foams - one for lightweight softness and another that adds a more responsive step.

£119.99 CUSHIONED

GETTING TIRED JUST GOT HARDER

asics
I MOVE ME™

WITH THE NEW
EVORIDE



INTRODUCING GUIDESOLE™ TECHNOLOGY

Guidesole is ASICS' energy saving midsole geometry technology that is scientifically proven to increase running efficiency and reduce wasted energy.

The all new technology is a curved midsole with a stiff forefoot that increases running efficiency by reducing energy loss at the ankle joint by up to 19.1%. Runners will experience a unique rolling experience that reduces ankle movement for those who want to run further with less effort.

The innovative Guidesole technology features throughout the Ride Series in different levels for the amount of rolling experience desired - ensuring there is a choice for every type of runner, on every type of run.



ASI 10463

METARIDE

Perfect for Long Distances.

The ASICS MetaRide is a performance shoe built for long distance running on the road. The engineered design allows you to run longer with less effort & help you run further.

£224.99 CUSHIONED

ROLLING EXPERIENCE: EXTREME



ASI 10465

GLIDERIDE

The All Rounder.

Lets you run longer while expending less energy. The stiff forefoot and dynamically curved sole increase running efficiency by reducing the movement of the ankle joint.

£144.99 CUSHIONED

ROLLING EXPERIENCE: MODERATE



ASI 10468

EVORIDE

Everyday Training

An efficient running shoe that offers velvet comfort mile after mile. A lightweight performance running style that's complemented with FLYTEFOAM™ Propel foam.

£109.99 CUSHIONED

ROLLING EXPERIENCE: SLIGHT

RUN CUSHIONED

FRESH
FOAM^X
1080



£134.99

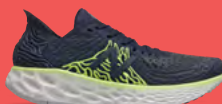
ULTRA-DURABLE MILEAGE SHOE IN A LUX PACKAGE.



NEW 693024



NEW 693021



NEW 693027

SOFT BUILT SMARTER

Designed to cushion every step, every trail, every mile. Fresh Foam X is NB's premium collection of their most elite Fresh Foam shoes.



360° OF UPPER LUXURY

Crafted with obsession to detail, the materials and design in the upper provide the most premium, supportive and soft fit



ENGINEERED KNIT

Performance knit upper engineered with a precision fit and ultimate comfort



FRESH FOAM X MIDSOLE

Full length Fresh Foam midsole is achieved through data-to-design and provides better energy return than the predecessor



ULTRA HEEL

3D heel designed to increase fit and comfort



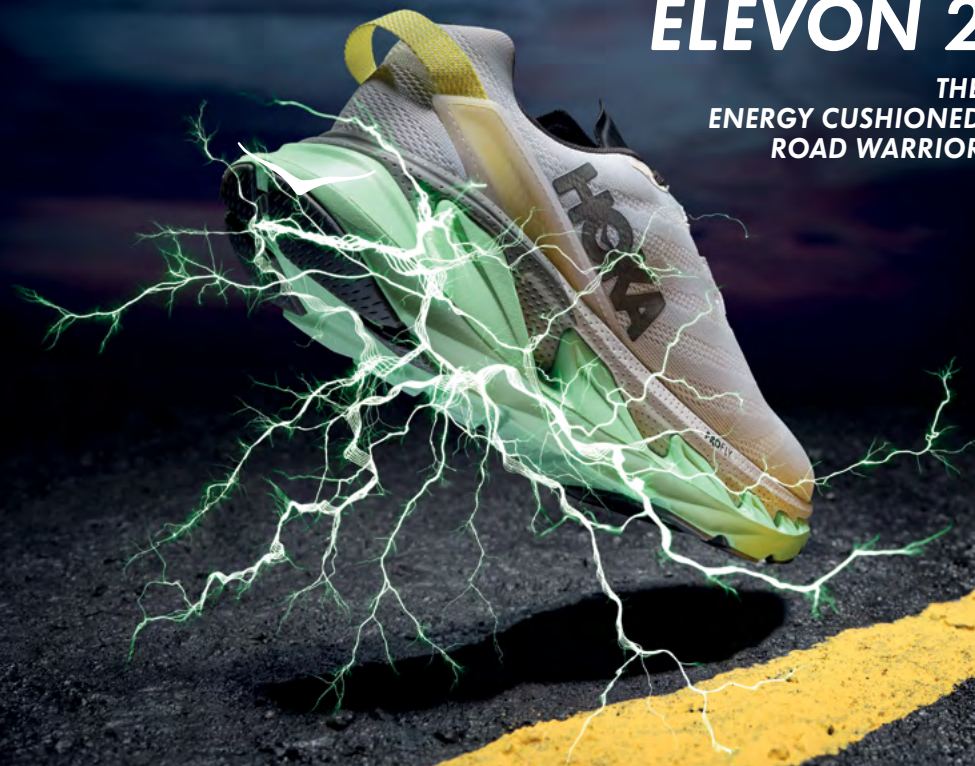
HOKA ONE ONE
TIME TO FLY™

CUSHIONED RUN



ELEVON 2

THE
ENERGY CUSHIONED
ROAD WARRIOR



A responsive and secure ride with a ProFly layer in the midsole providing maximum cushioning. Perfect as a daily trainer.



HOK 1050



HOK 1051



HOK 1052

£139.99

RUN SUPPORT

ALTRA

SUPPORT STEPS FORWARD

PROVISION 4

The Provision is Altra's mild-to-moderate guidance shoe and it exemplifies technical support in running shoes through Altra's dynamic arch feature, Innovarch™.

INNOVARCH™

Unique to Altra, Innovarch™ uses proprioception to help slow down pronation and neutralise your step cycle – this feature only engages when you need it without interrupting your natural stride. Neutral runners or those branded as 'stability shoe only' wearers will both love this fresh approach to guided, natural foot movement.



£124.99

M: ALT 141



W: ALT 155



As with all Altra shoes, the Provision includes the 3 core technologies: Balncd Cushioning, Footshaped Toebox and gender specific lasts.

FOOTSHAPE™
TOE BOX

balncd
CUSHIONING

FIT4HER

RONHILL

RUN

Track, field, road,
it doesn't matter where,
we #RunEveryDay

Re-invent. Revive. Run.

In 2020, innovation must consider the planet, so in using eco-conscious, whisper light fabrics created from recycled yarn, Ronhill have defined new standards. Built from the deep insight of Ronhill's test team, the Revive series is cutting-edge, high-performance technical gear designed to meet real world needs of runners.



1970:RH.50

Ronhill - Celebrating 50 years of running

**Ronhill Stride
Revive Racer Vest**
£29.99

RON 3087

Highly breathable and moisture-wicking, this super soft, whisper light eco-conscious fabric, made from recycled yarn, certainly won't weigh you down.

**Ronhill Stride
Revive Racer Short**
£34.99

RON 3090

When you're looking to speed up you don't want shorts that get in your way – the racer is built to let you move

**Ronhill Stride
Revive T-Shirt**
£31.99

RON 3091

The slim fit of Ronhill's Revive series T-Shirt has been developed from in-depth feedback from Ronhill's testers to be spot on, run after run.

**Ronhill Stride
Revive Twin Short**
£41.99

RON 3096

Some like freedom of movement, some like support, and some like both. This twin short offers the best of both worlds, without compromising one or the other.

RUN

saucony

run for good

Even good has a dark side.

In the dark, your senses sharpen to the world around you. Feel even more in the new **Blackout Collection**

1. Hurricane 22

Soft and supportive for the long run, now lighter.

£139.99

2. Guide 13

Guiding every step to feel-good runs.

£119.99

3. Triumph 17

First-class long runs are lighter than ever.

£139.99

4. Ride ISO 2

For those who crave reliable comfort on any run

£119.99



M: SAU 3751

SUPPORT



M: SAU 3717 | W: SAU 3725

SUPPORT



M: SAU 3714 | W: SAU 3754

CUSHIONED



M: SAU 3720 | W: SAU 3728

CUSHIONED

Mizuno

REACH BEYOND

DEVELOPED TO KEEP TEMPERATURE LEVELS LOW & PERFORMANCE LEVELS HIGH.

The combination of the midsole compounds U4icX and U4ic, paired with Mizuno Wave technology, makes the Wave Rider 23 one of the most dynamically cushioned and lightest feeling shoes on the market.



MIZ 4212

WAVE RIDER 23

Wave Rider 23 features a dual compound midsole using U4ic and U4icX technologies for unrivalled responsiveness and exhilarating runs.

£124.99 CUSHIONED



MIZ 4231

WAVE RIDER WAVEKNIT 3

Combines an extremely breathable upper with a highly technical midsole, using technologies for unrivalled responsiveness.

£134.99 CUSHIONED



MIZ 4232

WAVE RIDER GTX

Features a Gore-Tex® mesh upper designed to deal with the most testing conditions allowing you to be protected and finish your run, no matter the climate.

£134.99 CUSHIONED



HOVR™ MACHINA

BECOME A BETTER RUNNER WITH
**SHOES THAT
COACH YOU**

↓ DOWNLOAD 🔗 CONNECT 🏃 RUN



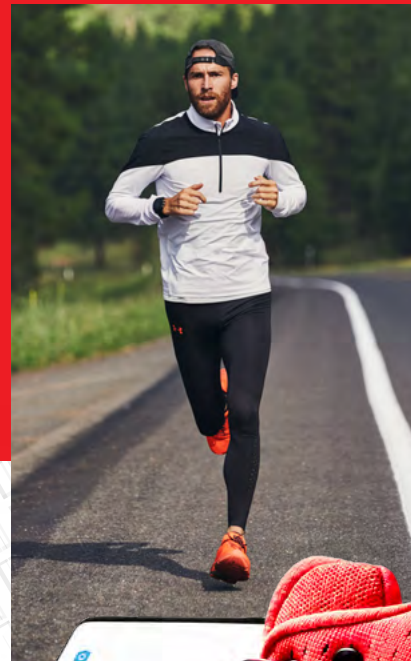
UND 5895



UND 5894

UA HOVR™ Machina is more than a running shoe. Yes, it gives you soft energy return and the speed of a Pebax® propulsion plate, but it also coaches you. By tracking your stride length, cadence, and more it gives you real-time, personalised tips to help make running feel easier.

£139.99



Real-time Form Coaching can help you:

- IMPROVE YOUR FORM
- MAKE RUNNING FEEL EASIER
- REDUCE YOUR RISK OF INJURY
- REACH YOUR GOALS



MapMyRun

SONIC

COLLECTION



SONIC 3
ACCELERATE



Save energy and run more
with Optivibe technology.



SONIC 3
BALANCE

SONIC 3 ACCELERATE

£124.99

Road Biomechanical Fit
Quick Transition

SONIC 3 BALANCE

£124.99

Road Biomechanical Fit
Balanced Transition

SONIC 3 CONFIDENCE

£124.99

Road Biomechanical Fit
Stable Transition

MEN'S



SAL 4002

SAL 4003



SAL 4005

SAL 4004



SAL 4006

SAL 4007

WOMEN'S



SAL 4034

SAL 4035



SAL 4036

SAL 4037



SAL 4038

SAL 4039

SONIC 3
CONFIDENCE



STRUCTURED PERFORMANCE ROAD SHOE

The Sonic collection delivers high performance running shoes
for any running gait or training needs. Salomon offers three
different models offering unique benefits to all runners.



RUN

GORE®
WEAR

COMFORT & PERFORMANCE



1. GORE® R3 GORE-TEX® INFINIUM PARTIAL JACKET

£119.99

GOR 1545 (Navy) GOR 1546 (Grey)

Built for those days when the weather is unpredictable, you're unsure of what to wear, but you know comfort is critical.

- Highly breathable and totally windproof
- Ergonomic design, with stretch panels
- Full length zip, storm flap and zipper port at the neck.
- Comfort when worn with backpack or hydro vest
- Easy GPS watch usage.

2. GORE® R5 SHIRT

GOR 1557

£49.99

Highly functional material mix for optimum comfort, high breathability and quick redrying time

3. GORE® R5 2 IN 1 SHORTS

GOR 1553

£59.99

A fixed inner tight provides support for your muscles and while still maintaining the look of a loose short.



adidas

RUN



ADI 12393



ADI 12397

ADI 12386

ADIDAS ADIOS ADIZERO 5

Who says track and field technology has to stay on the track? Not these adidas Adizero 5 Shoes. Super-light materials give a foot-hugging fit, so your feet stay locked in during speedy road runs.

£129.95



FOR RACE DAY & BEYOND



ADI 12396



ADI 12394

ADI 12395

ADIDAS ADIZERO BOSTON 8

£119.95

With lightweight construction, responsive cushioning and an energised ride, they're your go-to racing shoes for distances ranging from a full marathon to a 5k.



ULTRALIGHT COMPRESSION SOCK

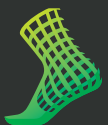
cep



M: CEP 179 M: CEP 181 M: CEP 180 W: CEP 189
W: CEP 188

£44.99

The precisely defined medi compression profile stimulates blood circulation while you run. This ensures an optimal supply of important nutrients to your muscles – for fresh legs.



MEDI COMPRESSION
FOR BLISTER
PROTECTION



MEDI COMPRESSION
FOR
LIGHT LEGS



MEDI COMPRESSION
FOR MUSCLE
STABILISATION



M: CEP 182 M: CEP 184 M: CEP 183 W: CEP 191
W: CEP 190

**CEP ULTRALIGHT CALF SLEEVES
£27.49**



M: CEP 185 M: CEP 187 M: CEP 186 W: CEP 193
W: CEP 192

**ULTRALIGHT COMPRESSION LOW CUT SOCKS
£13.99**



**SMART
CARBON**

gives the ultralight
socks extreme
strength with high
elasticity.

AFTERSHOKZ

AEROPEX

OPEN-EAR DESIGN

With nothing inside or
over your ears, enjoy
total awareness while
you listen.

£149.99

AFT 27



WIRELESS BONE CONDUCTION HEADPHONES

**30% SMALLER AND
13% LIGHTER**

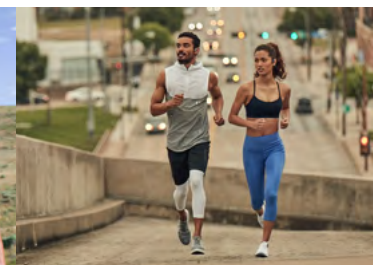
Weighing in at less than an ounce,
experience unrivaled all-day comfort
no matter where life takes you.

**PREMIUMPITCH
2.0+**

Angled transducers that ensure optimal
placement on the cheekbones delivers deeper
bass, less vibration, & louder volume

**RE-ENGINEERED BONE
CONDUCTION TECHNOLOGY**

Aeropex delivers sound vibrations
with higher efficiency and fidelity
than ever before.



ALSO AVAILABLE



AFT 26

**X-TRAINERZ
£139.99**



AFT 20

**TREKZ AIR
£99.95**



AFT 6

**TREKZ TITANIUM
£69.95**

A LEGEND REBORN

X-TALON **G** 235

AN ICON, IMPROVED WITH THE
WORLD'S TOUGHEST GRIP



The X-TALON G 235 is part of Inov-8's premium range of trail running and training shoes featuring the pioneering use of wonder-material graphene – scientifically tested to be 50% stronger, 50% more elastic and 50% harder wearing.

SUPER DURABLE

INOV-8
X-TALON G 235

Lightweight and flexible, the precision fit shoe locks your foot in, allowing you to adapt and react with speed and agility. A POWERFLOW+ midsole and META-PLATE rock plate, provide increased cushioning and underfoot protection.

£139.99



Men's INO 1622 | Women's INO 1626

NOW WITH GRAPHENE



- GROUND-BREAKING TECHNOLOGY
- 200 X STRONGER THAN STEEL
- THIN, LIGHT, FLEXIBLE, WITH LIMITLESS POTENTIAL

LIGHT & FAST



Men's
INO 1465



Men's
INO 1641



Women's
INO 1660

INOV-8
ROCLITE G 275

The lightest and fastest shoe in the ROCLITE range boasts a highly durable mesh upper for protection and comfort as well as graphene grip (G-Grip) for the ultimate in traction over multiple terrains.

£129.99



ADVENTURE IS WAITING. CATCH UP.



Revolutionary range of sports shoes featuring graphene-infused rubber outsoles. The world's toughest grip, with the strength and durability of graphene.



ROCLITE **G 345**

£154.99

The Roclite 345 GTX hiking and running boot with graphene-enhanced G-GRIP outsole and utilising GORE-TEX product technology offers the optimal combination of the world's toughest grip, climate comfort and protection.



Men's: INO 1646
Women's: INO 1629



run for good

TRAIL RUN

Grip that won't slip

Deeper directional PWRTRAC lugs give the ultimate grip, specifically made to handle the muddy, wet terrain.

Feels solid and steady

New PWRRUN cushioning ensures a responsive yet protective feel to push uphill and bomb downhill with confidence.

Water-resistant protection

Enhanced water-resistance helps shed mud and the trail-specific FORMFIT design gives the perfect lock-down fit over uneven terrain.

Peregrine 10

Grip that won't slip



Peregrine 10

A trail running legend – the award-winning Peregrine now incorporates ISOFIT construction adapting to your foot as you navigate any surface. **Lug depth: 5mm**

£109.99



M: SAU 3732

M: SAU 3731



W: SAU 3737

W: SAU 3738



Peregrine GTX

£134.99



M: SAU 3752 | W: SAU 3755



SENSE RIDE 3

EVERY DAY.
EVERY TRAIL.



[opti-vibe]



£119.99

Men's



SAL 3993

SAL 3994

SAL 3995

Women's



SAL 4028

SAL 4029

SAL 4027

COMFORT

Get a more comfortable ride with a soft upper, optimised midsole with Optivibe vibration-reduction and decoupling.

VERSATILE

Easy to wear in varying terrain and conditions with specific geometry and a hydrophobic upper for great all-round performance.

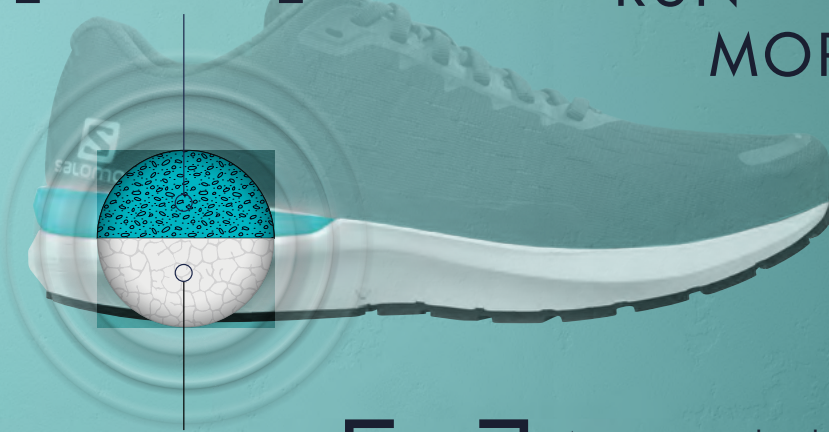
EXTRA GRIP

The full rubber outsole features Contagrip® TA for premium traction.



SAVE
ENERGY
RUN
MORE.

[VIBRATION DAMPENING FOAM]



RESPONSIVE FOAM

[opti-vibe]

A unique technology
Reduce vibration, decrease fatigue.



REINVENTING HYDRATION EVERYDAY

ACTIVE SKIN 8 SET



THE HYDRATION VEST FOR NEW RUNNERS READY TO TAKE THE NEXT STEP

Inspired by professional athletes, the ACTIVE SKIN 8 SET provides easy hydration and more freedom of movement with soft fabrics, an easy closure system and accessible storage.

£79.99



SAL 4102

SAL 4103

SAL 4104

salomon
TIME TO PLAY

HOKA ONE ONE
TIME TO FLY™

TRAIL RUN

TIME TO SPEEDGOAT 4 GTX

THE AGGRESSIVELY GRIPPY
TRAIL CONQUEROR

£134.99



M: HOK 943



M: HOK 944



W: HOK 950

EXPLORE SPEEDGOAT 4 GTX AT [SPORTSSHOES.COM/HOKA-ONE-ONE-SPEEDGOAT](https://www.sportsshoes.com/hoka-one-one-speedgoat)

RESPONSIV

The RaidLight Responsiv range, ideal for everyday trail runners. For your first trails or for those who are used to Ultras.



RAI 30

RAI 40

RESPONSIV VEST 12L

An ergonomic and lightweight vest pack with 12 litre capacity and only weighs 200g, allowing you to pack your essentials for most runs and races in light-weight comfort.

£139.99

STRETCH



RESPONSIV ULTRA

Perfect for lovers of distances! The RL Relax Last is broad with a rounded toe profile, offering long term comfort.

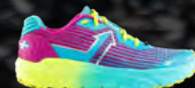
£124.99



M: RAI 5



M: RAI 4



W: RAI 13

**ULTRA COMFORT,
ULTRA PERFORMANCE.**



RESPONSIV DYNAMIC

Offers flexibility, lightness and breathability. The RL regular last gives a performance comfort fit coupled with a mesh upper.

£119.99



M: RAI 8



M: RAI 9



M: RAI 15

**NOT JUST AGGRESSIVE
IN LOOKS**



ERUPT ONTO THE TRAIL

WITH THE WAVE HAYATE 6

£114.99

An aggressive and lightweight design adds a new level of excitement to your trail running experience. Michelin outsoles provide technical precision on the downhill stretches and offer all-enduring traction.



MIZ 4169



MIZ 4196



W: MIZ 3920



M: MIZ 3907



W: MIZ 4193



M: MIZ 4166

WAVE IBUKI 2 GTX

A durable X10 outsole with an X-Lug design offers superb traction on all trail terrain, coupled with cushioned midsoles and protective toe caps for incredible comfort and protection during your trail runs.

£109.99

WAVE DAICHI 5

Features the incredible Michelin rubber outsole. An adjustable fitting system adds secure foot binding to your run, working in unison with XtaRide technology and the Mizuno Wave to bring you unbeatable adaptability.

£119.99



MON 2010



MON 2009

AQUA PRO
LITE



Supremely light and packable waterproof pull-on & pants

Designed for fast and light runners for whom kit weight and packability is paramount, the Podium Pull-On and Pants uses one of the lightest weight waterproof and breathable fabrics available. Perfect as a reliable emergency waterproof shell which will pack tiny into your training and race packs year-round.

UNISEX PODIUM PULL-ON

£109.99

UNISEX PODIUM PANTS

£79.99



THE CRAG CALLS



Developed in conjunction with the British Mountaineering Council.



MON 1997



MON 1996



MON 1998

OFF LIMITS COTTON HOODIE

Organic cotton & recycled polyester blend hoodie

Organic cotton is blended with recycled polyester in this luxurious and soft casual hoodie, perfect for post crag or wall sessions.

£54.99



MON 1994



MON 1995



MON 1993

TRAD T-SHIRT

DRI RELEASE® t-shirt designed for climbers

High quality, lightweight and quick drying t-shirt that combines a DRI RELEASE® cotton blend with POLYGIENE® permanent odour control and features a climbing cams graphic.

£31.99



MON 1982



MON 1983



MON 1984

ON-SIGHT PANTS

Lightweight stretch organic cotton climbing pants

Stretch organic cotton pants tough enough for climbing at the wall or on rock and styled for comfortable casual wear.

£74.99



HIKE



MON 1973



MON 1974



MON 1975

PROTIUM PULL-ON

Grid backed mid-layer fleece pull-on

With a brushed grid back construction, the THERMO GRID fleece manages moisture and regulates heat effectively, making the Protium Pull-On an excellent layering piece as well as being effective as an outer layer in warmer weather.

£49.99

SHOP THE ENTIRE SALE 2019 [SPORTSSHOES.COM/SALE](https://www.sportsshoes.com/sale)

TERREX FREE HIKER PARLEY

GOOD FOR THE MOUNTAINS.
GREAT FOR THE OCEANS.

A sustainable Parley iteration of the Free Hiker. Made with a Parley ocean plastic recycled upper and a combination of recycled and sustainable materials. The shoe is a lightweight and breathable hiking shoe with an exceptional long lasting comfort for long distance hiking.

£169.95



M: ADI 12567



W: ADI 12587



HIKE

TRACKER



VIVOBAREFOOT



M: VIV 510 | W: VIV 511



M: VIV 706

VIVOBAREFOOT TRACKER FG

Designed for wild and rough terrains

£189.99

The Tracker is a barefoot hiking boot made from high quality leather. It is designed for wild and rough terrains, with Vivobarefoot's firm ground sole. This minimalist walking boot has a waterproof lining and thermal protection to keep feet a comfortable temperature and ready to explore nature.



HydroGuard



HOKA ONE ONE

HIKE

KAHA GTX

STRENGTH & SUPPORT



HOK 970



HOK 969



HOK 968



HOK 972

With surprising speed, it makes the ups easier and the downs quicker. When hiking over long distances, this trekking shoe will deliver you to your destination in comfort and safety. Features a GORE-TEX® waterproof bootie that'll keep your feet comfortable and dry regardless of the conditions.

£179.99





Let your body breathe

L.I.M Crown Jacket

£319.99

In the wild, staying dry is the key to comfort. That's why you need protection from the rain, paired with great breathability to vent out perspiration. The L.I.M Crown jacket is fully waterproof and three times as breathable as the industry standard. This means it hardly traps any moisture inside it at all.

The L.I.M Crown jacket can be used in shifting weather for days on end, always staying pleasantly dry inside.

HGL 1078



RUNNER

Nike React Infinity Run

£139.95

This shoe is the workhorse for everyone willing to put in serious miles, keeping you protected and injury free. With a wider base you can remain stable throughout your entire run keeping your form and performance at its best.



Designed To Help
Reduce Injury

And Keep You
On The Run.



NIK 16395

APPROVED.

RUN CUSHIONED



BOOST

ULTRA
BOOST 20

WOMEN

TOUCH DOWN WITH CONTROL,
RIDE WITH COMFORT.



ADI 12685



ADI 12362

Featuring a foot-hugging knit upper. Stitched-in reinforcement is precisely placed to give you support in the places you need it most. The soft elastane heel delivers a more comfortable fit. Responsive cushioning returns energy to your stride with every footstrike for that I-could-run-forever feeling.

£159.95



LIGHTER.
FASTER.
BOUNCIER.

CUSHIONED RUN

asics
I MOVE ME™



NOVABLAST

WOMEN

SPRING INTO ACTION

Experience the trampoline-like effect of ASICS' FLYTEFOAM Blast™ technology. Every step bounces back, launching you forward throughout your run.

TWICE AS LIGHT

The lightweight upper delivers excellent airflow, keeping your feet cool and fresh. Plus, reflective details provide extra visibility in low-light conditions.

ZERO GRAVITY

The outsole is made with FLYTEFOAM Blast™ technology—creating a weightless bounce you have to feel to believe.

£119.99

Invigorate your run with the NOVABLAST™ shoe—made to bounce with your every move. The lightweight midsole supercharges your stride for energised, effortless running.



ASI 10547



ASI 10548



ASI 10549



ASI 10550



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I MOVE ME™

ASI 10461

**REDEFINING
TECHNOLOGY**
— SINCE —
1949

東京

RETRO TOKYO PACK GEL-NIMBUS™ 22

Improved forefoot GEL™ technology further reduces the load on feet, while the FLYTEFOAM™ Propel technology in the midsole delivers a more energetic ride.

£154.99

CUSHIONED



ASI 10458

ASICS WOMEN'S GEL-KAYANO 26

Tackle long distances in comfort, thanks to the rearfoot GEL™ technology that's been redesigned for improved shock absorption upon impact.

£154.99 SUPPORT



ASI 10460

ASICS WOMEN'S GT-2000 8

Features an updated GEL™ technology piece and a softer section of foam in the heel for improved comfort and shock absorption.

£119.99 SUPPORT



ASI 10462

ASICS WOMEN'S GEL-CUMULUS 21

The GEL-CUMULUS™ 21 Retro Tokyo blends two different midsole foams - one for lightweight softness and another that adds a more responsive step.

£119.99 CUSHIONED

GETTING TIRED JUST GOT HARDER

asics
I MOVE ME™

WITH THE NEW
EVORIDE



INTRODUCING GUIDESOLE™ TECHNOLOGY

Guidesole is ASICS' energy saving midsole geometry technology that is scientifically proven to increase running efficiency and reduce wasted energy.

The all new technology is a curved midsole with a stiff forefoot that increases running efficiency by reducing energy loss at the ankle joint by up to 19.1%. Runners will experience a unique rolling experience that reduces ankle movement for those who want to run further with less effort.

The innovative Guidesole technology features throughout the Ride Series in different levels for the amount of rolling experience desired - ensuring there is a choice for every type of runner, on every type of run.



ASI 10483

METARIDE

Perfect for Long Distances.

The ASICS MetaRide is a performance shoe built for long distance running on the road. The engineered design allows you to run longer with less effort & help you run further.

£224.99 CUSHIONED

ROLLING EXPERIENCE: EXTREME



ASI 10485

GLIDERIDE

The All Rounder.

Lets you run longer while expending less energy. The stiff forefoot and dynamically curved sole increase running efficiency by reducing the movement of the ankle joint.

£144.99 CUSHIONED

ROLLING EXPERIENCE: MODERATE



ASI 10488

EVORIDE

Everyday Training

An efficient running shoe that offers velvet comfort mile after mile. A lightweight performance running style that's complemented with FLYTEFOAM™ Propel foam.

£109.99 CUSHIONED

ROLLING EXPERIENCE: SLIGHT

HOVR™ MACHINA

BECOME A BETTER RUNNER WITH
**SHOES THAT
COACH YOU**

↓ DOWNLOAD 🔗 CONNECT 🏃 RUN



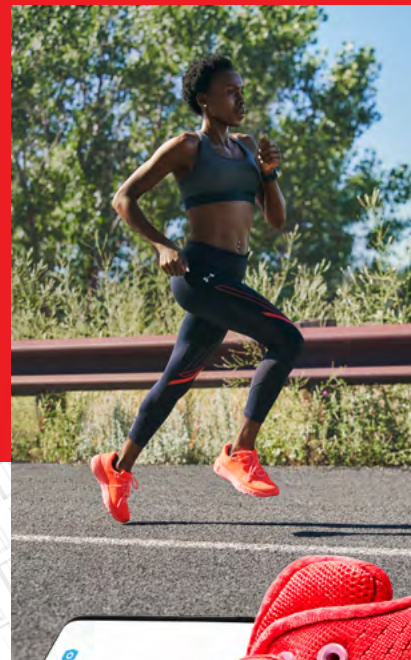
UND 5926



UND 5925

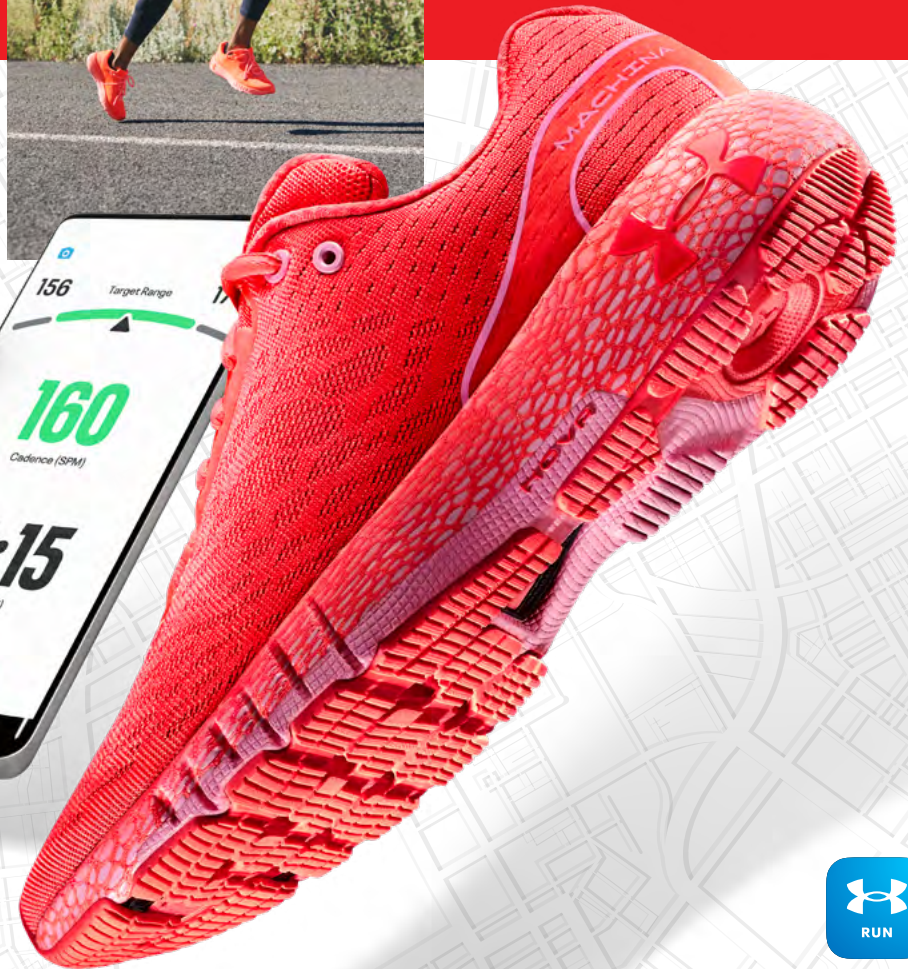
UA HOVR™ Machina is more than a running shoe. Yes, it gives you soft energy return and the speed of a Pebax® propulsion plate, but it also coaches you. By tracking your stride length, cadence, and more it gives you real-time, personalised tips to help make running feel easier.

£139.99



Real-time Form Coaching can help you:

- IMPROVE YOUR FORM
- MAKE RUNNING FEEL EASIER
- REDUCE YOUR RISK OF INJURY
- REACH YOUR GOALS



MapMyRun



Track, field, road,
it doesn't matter where,
we **#RunEveryDay**

Re-invent. Revive. Run.

In 2020, innovation must consider the planet, so in using eco-conscious, whisper light fabrics created from recycled yarn, Ronhill have defined new standards. Built from the deep insight of Ronhill's test team, the Revive series is cutting-edge, high-performance technical gear designed to meet real world needs of runners.



WOMEN



1970:RH.50

Ronhill - Celebrating 50 years of running

Ronhill Stride Revive Racer Vest £29.99

RON 3134

Highly breathable and moisture-wicking, this super soft, whisper light eco-conscious fabric, made from recycled yarn, certainly won't weigh you down.

Ronhill Stride Revive Short £34.99

RON 3138

When you're looking to speed up you don't want shorts that get in your way – the racer is built to let you move

Ronhill Stride Revive T-Shirt £31.99

RON 3136

The slim fit of Ronhill's Revive series T-Shirt has been developed from in-depth feedback from Ronhill's testers to be spot on, run after run.

Ronhill Stride Revive Crop Tight £44.99

RON 3141

The breathable, moisture-wicking, eco-conscious fabric Ronhill have found for these cropped tights, feels just right next to the skin.

FRESH
FOAM^X
1080

CUSHIONED RUN



£134.99

ULTRA-DURABLE MILEAGE SHOE IN A LUX PACKAGE.



NEW 693039



NEW 693041



NEW 693037

SOFT BUILT SMARTER



Designed to cushion every step, every trail, every mile. Fresh Foam X is NB's premium collection of their most elite Fresh Foam shoes.



360° OF UPPER LUXURY

Crafted with obsession to detail, the materials and design in the upper provide the most premium, supportive and soft fit



ENGINEERED KNIT

Performance knit upper engineered with a precision fit and ultimate comfort



FRESH FOAM X MIDSOLE

Full length Fresh Foam midsole is achieved through data-to-design and provides better energy return than the predecessor



ULTRA HEEL

3D heel designed to increase fit and comfort



WOMEN

REACH BEYOND



**DEVELOPED TO KEEP
TEMPERATURE LEVELS LOW &
PERFORMANCE LEVELS HIGH.**

The combination of the midsole compounds U4icX and U4ic, paired with Mizuno Wave technology, makes the Wave Rider 23 one of the most dynamically cushioned and lightest feeling shoes on the market.



MIZ 4178

WAVE RIDER 23

Wave Rider 23 features a dual compound midsole using U4ic and U4icX technologies for unrivalled responsiveness and exhilarating runs.

£124.99 CUSHIONED



MIZ 4235

WAVE RIDER WAVEKNIT 3

Combine an extremely breathable upper with a highly technical midsole, using technologies for unrivalled responsiveness.

£134.99 CUSHIONED



MIZ 4236

WAVE RIDER GTX

Features a Gore-Tex® mesh upper designed to deal with the most testing conditions allowing you to be protected and finish your run, no matter the climate.

£134.99 CUSHIONED



HOKA ONE ONE
TIME TO FLY™

CUSHIONED RUN



ELEVON 2

THE
ENERGY CUSHIONED
ROAD WARRIOR



A responsive and secure ride with a ProFly layer in the midsole providing maximum cushioning. Perfect as a daily trainer.



HOK 1061



HOK 1062



HOK 1063

£139.99



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