



# TRACTION MATTERS

SPORTSSHOES.COM  
RUN BOOK 2019





## The Run Book 2019

The new season's here, that winter base is built and now it's time to fine tune your training ahead of this year's goals. We know that running through the dark nights, the rain, the wind, the snow hasn't been easy and there's still yet more hard work and even tougher training ahead.

To help you through, this edition we've featured the latest in the lightest, fastest, most powerfully cushioned racing and training shoes alongside the toughest, earth clawing trail models - all designed to give your performance that extra edge as we head into a new season of running.

You've come a long way already – keep going.

Thanks as always for your business,

BRETT BANNISTER  
MANAGING DIRECTOR



**Terms & Conditions - 1.How to Order.** Online: [www.SportsShoes.com](http://www.SportsShoes.com) Phone: Call 01274 530530 Opening hours: Mon - Thurs 9am - 7pm | Fri 9am - 6pm | Sat 9am - 5pm | Sun **2.How to Pay** We accept all major credit and debit cards. Cheques and postal orders should be made payable to SportsShoes.com. For payment by cheque please allow 15 working days for delivery. **3.Delivery** Delivery charges may apply, please see website for details or call 01274 530 530. Please place your order before 1pm to guarantee next working day delivery to Mainland UK addresses. Guaranteed Saturday and International Delivery Please see website for details. Please note that additional charges may apply to bulk orders. **3>Returns/Cancellations** You may cancel your order within 14 days of placing it. Our no quibbles returns policy means we'll exchange or refund all items which are returned to us within 28 days of receipt in the same perfect condition as sent, in their original packaging with the labels attached. **4.Availability** All items are offered subject to availability. Prices are correct at the time of going to print and supercede all previous prices. Please see website for the terms and conditions of our Price Beat Promise. Every reasonable care has been taken to ensure that descriptions and photography are accurate, however slight variations may occur. We reserve the right to withdraw any item without notice. **5.Promotions** We reserve the right at any time, at our sole discretion and without notice to end, suspend, amend or add additional terms and conditions to any promotion. You may not use more than one promotion per order and promotions may not be used in conjunction with one another unless otherwise specified by us. This includes affiliate promotions or in association with cashback sites. To unsubscribe, please email [marketingpreferences@sportsshoes.com](mailto:marketingpreferences@sportsshoes.com) or call 01274 530 530. For full terms and conditions see [www.sportsshoes.com](http://www.sportsshoes.com).

SportsShoes.com, 1 The Park, Jubilee Way, Shipley, BD18 1QG

RUN

# GO

**MORE.  
GET MORE.**



**NIKE react**

**£129.95**

Cushioning that packs the sensation of pillows & Springs into a foam that never runs out of gas.



NIK 14899

NIK 14884

## NIKE EPIC REACT FLYKNIT 2

Introducing the Nike Epic React Flyknit 2, taking smooth, lightweight performance to the next level. Designed to feel soft and responsive even after hundreds of miles. It packs a burst of bouncy energy so you can get on the go, and stay there.



# ULTRA BOOST 19



RE-BOOSTED. RE-CODED.  
RE-THOUGHT...



£159.95

Defy your limits in performance and style, day after day, run after run. Your relentless determination will take you beyond the horizon line, leaving footsteps others will follow.

Men's: ADI 11339 | Women's: ADI 11342

## OPTIMISED BOOST

With 20% more BOOST in the midsole compared to the first-generation adidas Ultraboost, this updated technology brings even more energy return.

## PRIMEKNIT 360

Feels like a second skin, combining pure comfort with lightweight performance.

## UPDATED 3D HEEL FRAME

A stripped-back design cradles the heel, bringing the perfect mix of adaptability and support.

## TORSION SPRING

A lightweight construction for enhanced support on landing and a snappy transition to propel runners forward.

CUSHIONED RUN

RUNNING REINVENTED.



RUN CUSHIONED

asics  
I MOVE ME™

# GEL-NIMBUS™ 21

DISTANCE RUNNING,  
MADE COMFORTABLE.

£154.99



## WHAT'S NEW

Run further with the new GEL-NIMBUS™ 21 shoe for neutral runners. Experience lasting comfort and bounce you can rely on, from your first stride to the finish line with lightweight cushioning and a new improved fit.



### MAXIMUM SHOCK ABSORPTION

Stay comfortable on long runs thanks to the durable GEL™ technology offering maximum shock absorption.



### ENERGISED CUSHIONING

Get more bounce in every step with lightweight cushioning from new FLYTEFOAM™ Propel technology.



### IMPROVED FIT

The GEL-NIMBUS™ 21 model's updated design offers more room in the forefoot for an improved, comfortable fit.



ASI 9180

ASI 9181

ASI 9182

ASI 9183

READY TO RUN IN THE CLOUDS?



AN ICON RETURNS  
**WAVE RIDER 22**  
£124.99

RUN

Designed to keep comfort and cushioning levels up, and temperature levels down, the Wave Rider 22 has a dual compound midsole constructed from U4icX and U4ic, and Wave cushioning technology for a shoe that's secure, and just waiting to spring into action. With a fully breathable, lightweight mesh upper, your feet won't be over-heating as you're over-taking.

# INNOVATION IN MOTION

ARRIVING FEBRUARY 28TH



[SPORTSSHOES.COM/ASICS-METARIDE/](https://sportsshoes.com/asics-metaride/)

# REACH BEYOND



## PERFORMANCE

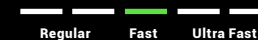
### CUSHIONING

The amount of protection and comfort the shoe offers



### SPEED

The combination of transition, weight & overall ride suitability for fast runners



### STABILITY

The level of stability the shoe offers to help offset over pronation.



DISCOVER WAVE RIDER AT [SPORTSSHOES.COM/MIZUNO-WAVE-RIDER](https://sportsshoes.com/mizuno-wave-rider)



RUN



# ULTRA CUSHIONED FOR THE LONG RUN

FRESH  
FOAM  
1080

1080 V9

£134.99

Engineered with a full-length Fresh Foam midsole, New Balance updated the stylish men's running shoe with data collected from real runners.

## ULTRA HEEL

3D heel designed to increase fit and comfort

## ENGINEERED JACQUARD

Performance textile upper engineered with intention and specificity in fit, with midfoot wrap and room for toe splay

## LASER ENGRAVING

Data-inspired heel designs highlight Fresh Foam hex pattern

## FRESH FOAM MIDSOLE

Full length Fresh Foam midsole is achieved through data-to-design and is softer than in the v8



NEW 692532

NEW 692529

NEW 692636

L I G H T M O V E S F A S T



## FRESH FOAM MIDSOLE

Height increased by 2mm for improved underfoot feel

## LASER ENGRAVING

Softer, lighter weight Fresh Foam midsole is achieved through data-informed laser perforation.



## SNUG SECURE HEEL

A finely tuned heel helps with reworked collar foams locking in the heel securely.

## HYPOKNIT UPPER

Engineered with zonal function to provide the ultimate in dynamic fit

ZANTE PURSUIT



FRESH  
FOAM  
ZANTE  
PURSUIT



NEW 692560



NEW 692561



NEW 692559

£109.99 **CUSHIONED**

A full length Fresh Foam midsole is laser engraved to create data-driven perforations, leading to enhanced cushioning attributes in a singular material. A Hypoknit upper creates the ultimate in dynamic fit, and is engineered with zonal function resulting in specific areas of stretch and support.





RUN

saucony

# LINEAR SHADE

## BLUR THE LINES

When you find a shoe that's just your speed, it gives you confidence to run more. And life's better with more running. The Linear Shade Collection lends casual style to peak performance that's a perfect fit.



### RUN MORE, SWAP SHOES LESS

A whole new meaning to fast casual.



## THE LINEAR SHADE COLLECTION



SAU 3566

**MEN'S FREEDOM ISO 2**  
**£139.99** CUSHIONED



SAU 3608

**MEN'S TRIUMPH ISO 5**  
**£139.99** CUSHIONED



SAU 3569

**MEN'S RIDE ISO**  
**£119.99** CUSHIONED



SAU 3580

**MEN'S HURRICANE ISO 5**  
**£139.99** SUPPORT



SAU 3610

**MEN'S GUIDE ISO 2**  
**£119.99** SUPPORT



SAU 3619

**MEN'S KINVARA 10**  
**£114.99** CUSHIONED

EXPLORE SAUCONY AT [SPORTSSHOES.COM/SAUCONY](https://sportsshoes.com/saucony)

HOKA ONE ONE

RACING

RUN



# TIME TO FLY



**EVO CARBON ROCKET**  
**£129.99** HOK 755



**EVO REHI**  
**£119.99** HOK 756



**TRACER 2**  
**£109.99** HOK 705



EXPLORE HOKA-ONE-ONE AT [SPORTSSHOES.COM/HOKA-ONE-ONE](https://sportsshoes.com/hoka-one-one)



RUN

# PREDICT

SMOOTH RIDE



## SONIC PREDICT

An everyday road running shoe with a super smooth ride. The Predict RA delivers an unparalleled experience with the reducing of between 14-23% of joint strain.

£139.99

Men's



SAL 3461

Women's



SAL 3462



SAL 3492



SAL 3493

RUN

# SONIC

RESPONSIVE RIDE



## SONIC RA 2

Enter the running avenue and build fitness day after day. A "go-to" reliable road shoe, delivering a comfortable, responsive and dynamic ride that will keep you going.

£124.99



M: SAL 3464



W: SAL 3495



RUN

**361°**  
ONE DEGREE BEYOND

**361°-STRATA 3**  
**LET THEM DO THE JOB!**  
£134.99

M



TSO 17

**BLACK/JOLT**  
**WEIGHT 311g**

W



TSO 23

**BLACK/HAZARD**  
**WEIGHT 265g**

**DROP 8 mm**      **STACK 13-21 mm**

Mid-to-high mileage moderate stability trainer designed to provide protective comfort and support mile after mile.

**361°-SPIRE 3**  
**ULTIMATE COMFORT**  
£134.99

M



TSO 16

**HAZARD/BLACK**  
**WEIGHT 295g**

W



TSO 15

**BURST/BLACK**  
**WEIGHT 241g**

**DROP 9 mm**      **STACK 12-21 mm**

Integrated comfort, cushion and performance in the premium 361° neutral high mileage trainer.

**GORE®**  
WEAR

RUN

The longer you endure the elements during your work out, the more likely you'll feel the full brunt of nature's force.

For running in seriously epic conditions, whether that be the blazing heat or the frigid cold, the new R7 collection will protect the most hardened athletes from any weather. Superior technical fabrics and 3D ergonomic cut gives unparalleled comfort and performance, from top to toe, skin to shell.

**ALWAYS  
EVOLVE**

**GORE® R7 PARTIAL GTX  
INFINIUM JACKET**  
GOR 1463  
**£169.99**

**GORE® R7 SHIRT**  
GOR 1466  
**£79.99**

**GORE® R7 2 IN 1 SHORTS**  
GOR 1465  
**£89.99**





RUN

AFTERSHOKZ®

# TREKZ AIR

BE OPEN, HEAR IT ALL

Inspired by demands of elite and aspiring athletes motivated by their music and their world.

£149.99



WIRELESS BONE CONDUCTION HEADPHONES



SLATE GREY

MIDNIGHT BLUE

CANYON RED

FOREST GREEN



AFT 20



AFT 22



AFT 23



AFT 21

## OPEN-EAR DESIGN

Allows you to hear the world around you and makes running, cycling and driving safer

## BONE CONDUCTION TECHNOLOGY

Delivers balanced audio while reducing sound leakage

## TITANIUM FIT

Wrap around Titanium frame provides secure and gentle fit even during intensive workouts.

6 HOURS MUSIC + CALL

RONHILL



# BE UNSTOPPABLE



Seamless Construction

Mesh Structure

Loose Short Outer

Supportive short (Inner)

Headphone Exit (Inner)

## Ronhill Men's Infinity Marathon T-Shirt

£39.99

Softness, stretch and zero chaffing is what makes the Marathon Tee really perform. A unique t-shirt in the range due to its "knitted in a tube" circular knit construction.

RON 2828

## Ronhill Men's Infinity Marathon Twin Short

£49.99

Featuring an inner next to skin short perfect for comfort on the run combined with a flattering stretch woven outer.

RON 2830

**Be all of your winter training.  
Be light and fast and free.  
Be with your friends. Be on your own.  
Be out there, again and again.  
Be unstoppable.**





The Runderwear team is made up of a small group of runners whose philosophy is built on creating innovative, chafe-free, performance underwear, for their fellow runners.

We want all Runderwearers to enjoy the road ahead, in ultimate comfort, mile-after-mile.

1. RUNDERWEAR WOMEN'S CROP TOP - £24.99  
BLACK: RND 7, PINK: RND 17, CYAN: RND 14

2. RUNDERWEAR WOMEN'S LOW-RISE HIPSTER - £15.99  
BLACK: RND 5, PINK: RND 16, CYAN: RND 12

3. RUNDERWEAR MEN'S BRIEFS £15.99 - BLACK: RND 1, NAVY: RND 24

4. RUNDERWEAR MEN'S LONG BOXERS £22.99 - BLACK: RND 29



#### CHAFE-FREE GUARANTEE

Runderwear's super-soft, breathable, moisture-wicking, seamless, label-free clothing guarantees you remain chafe-free in ultimate comfort.



#### MOISTURE WICKING

Runderwear technical fabric wicks sweat from skin.



#### SEAMLESS DESIGN

No side-seams means no irritation or rubbing.



#### BREATHABLE

Mesh panels with micro-perforations maximise air-flow, regulating core temperature.



# HOVR INFINITE

## LIFTS YOU UP

£119.99



UND 5166

CONNECTS TO  
UA MAPMYRUN



### FEELS LIKE ZERO GRAVITY

UA HOVR™ foam + mesh Energy Web helps eliminate impact & gives back the energy you put into every step.

### A MILLION MILES OF COMFORT

Deep flex grooves & a stable platform keeps the ride soft & smooth, mile after mile after mile.

### FIT FOR YOUR BODY

Gender-specific fit has comfort & support right where women & men need it, based on anatomical differences.

More colours available at [sportsshoes.com/under-armour-hovr](https://www.sportsshoes.com/under-armour-hovr)







ALT 73  
**£119.99**

### ZERO Z DROP

Places your heel and forefoot the same distance from the ground to encourage proper, low-impact form throughout your trail run.



Allows your toes to relax and spread out naturally for more comfort and stability in uphill climbs and downhill descents.

### INNERFLEX

Grid-like grooves in the midsole allow your foot to flex while being lighter, for more speed and better performance.

### ALTRA EGO

Dual-Nature midsole compound with a responsive, yet soft feel for increased energy return.

EXPLORE ALTRA AT [SPORTSSHOES.COM/ALTRA](https://www.sportsshoes.com/altra)

**cep**

RUN

# TRUE COMPRESSION

## CEP 3.0 RUN SOCK

The unique technology of the new generation 3.0:

CEP Run Socks 3.0 are equipped with metatarsal compression for excellent support and unmatched comfort.

### GREATER WEARING COMFORT

Thanks to perfectly designed, revolutionary 16-part yarn structure

**£44.99**

### OPTIMUM HEAT AND MOISTURE MANAGEMENT

Due to the simultaneously insulating and cooling properties of Smart Dry yarn combined with HeiQ Smart Temperature Technology

### BETTER MOISTURE MANAGEMENT

Due to Feran ICP-treated fabric to promote evaporation

### INCREASED DURABILITY

Even after frequent wear, thanks to the use of high-quality filament fibres



M: CEP 128  
W: CEP 150

M: CEP 129  
W: CEP 151

W: CEP 149

M: CEP 127

DISCOVER CEP AT [SPORTSSHOES.COM/CEP](https://www.sportsshoes.com/cep)



RUN

RUN



## S/LAB FUTURE AT PLAY

S/LAB harnesses play to create the future. The S/LAB process, with Serge Chapuis on R&D and Julie Moisset creating patterns, developed this new line with NSO technology, ceramic particles to self-activate your body's natural energy flow, enhancing muscle tone, recovery, and overall balance.

**S-LAB NSO T-SHIRT**  
**£89.99**

MEN'S: SAL 3504 | WOMEN'S: SAL 3508

**S-LAB NSO MID TIGHTS**  
**£129.99**

MEN'S: SAL 3498 | WOMEN'S: SAL 3510



EVERY DAY, EVERY TRAIL,  
YOUR GO-TO SHOE FOR  
A BETTER RUN



## SENSE RIDE 2

Maximise comfort on the trails with SENSE RIDE 2. With enough cushioning to push the mileage, an 8mm heel drop and proven fit, and an even more flexible, comfortable upper, you'll be ready to go all-day, every day.

£114.99

Men's



SAL 3455



SAL 3452



SAL 3454



SAL 3453

Women's



SAL 3490



SAL 3488



SAL 3487



SAL 3489

GEL-<sup>TM</sup>  
FUJITRABUCCO



## MOVE BEYOND

Perfect for off-road adventures. ASICS utilised precious insights from Xavier Thévenard, French trail runner and 3-time UTMB champion, to deliver the best possible grip, protection and stability. Rigorously tried and tested by the French trail team, this shoe will keep you running through the toughest terrains.

**£114.99**

## WHY IT'S PERFECT FOR TRAILS

### 360° PROTECTION

New and improved toe-guarding, a resin rock protection plate and mesh durability

### IMPROVED GRIP

Stay grounded on bumpy terrain, thanks to the durable ASICS Grip outsole technology

### MAXIMUM MUD RELEASE

Updated design ensures you don't get stuck between a rock and a hard place.



ASI 8850



ASI 8851



ASI 8852



# THE CLAWS



## NEW MUDCLAW G 260 WITH GRAPHENE GRIP

**£139.99** UNISEX

The world's toughest shoe for the world's toughest muddy mountain runs and obstacle course races. Revolutionary graphene-enhanced rubber and fearsome 8mm studs deliver the world's toughest grip over soft and wet ground.

INO 1512



# ARE OUT!



INO 1512

UNISEX

### ADDITIONAL PROTECTION:

Attach the gaiter (included) to keep stones and all debris out of shoes.

### DURABLE LIGHTWEIGHT UPPER:

A super-tough, breathable mesh with for increased durability.

### SOFT GROUND TRACTION:

8mm studs claw through mud and also stick to wet, rocky terrain.

### WORLD'S TOUGHEST GRIP:

Graphene-enhanced rubber is 50% stronger, 50% more elastic and 50% harder wearing.

### EXTRA PROPULSION:

New EXTEROFLOW midsole absorbs, stores and then releases energy to propel you through the gait cycle.

### UNDERFOOT PROTECTION:

Next-generation META-PLATE – A lightweight flexible rock plate that aligns with the foot's metatarsals.



# TERREX

Whatever the elements bring, you can handle it with the adidas TERREX outdoor collection. Engineered for performance in all elements, TERREX gives you optimum support for all your outdoor activities.



RUN

# GO ALL OUT IN ALL WEATHER



Men's: ADI 11135



Women's: ADI 11162

ADIDAS TERREX  
TRACEROCKER GTX

£84.95

A breathable GORE-TEX® upper sheds water when your route gets wet, while a Traxion outsole grips roots, rocks and rough ground giving you the confidence to explore.



Men's: ADI 11148

ADIDAS TERREX  
SKYCHASER LT

£109.95

Made for running or hiking trails in alpine terrain, these lightweight and flexible shoes are built with responsive Boost cushioning and an EVA frame for added stability.



RUN

**SCOTT**

# TRACTION MATTERS

SCOTT **SUPERTRAC ULTRA RC**

DESIGNED FOR ULTRAS, THE SUPERTRAC ULTRA RC'S OUTSOLE HAS BEEN ADAPTED TO PROVIDE TRACTION AND STABILITY FOR WHEN THE BODY GETS TIRED.

UTR

ALL TERRAIN TRACTION

**£139.99**

**ALL TERRAIN TRACTION**

- On soft ground // 7mm lugs
- On hard ground // large surface area
- Elliptical geometry // stability

**DROP AND CUSHIONNING**

- 8mm drop
- 29mm heel // 21mm forefoot

**COMFORT AND DURABILITY**

- 4 ways stretch
- Toe Guard Protection
- Schoeller Dynamic fabric®



SCO 1

SCO 2



## L.I.M Comp Jacket

The minimalistic L.I.M Comp jacket is designed for activities where each gram counts. Made from the ultra-light GORE-TEX® Active, the jacket features outstanding protection against the elements combined with exceptional breathability.

**£279.99**



HGL879 | Also available in women's: HGL913

**LIGHTWEIGHT**

Featuring only the essentials.

**WATERPROOF**

GORE-TEX® Active shell provides wind and water protection.

**PACKABLE**

Highly packable and easy to store away.



# HIGHER STATE

## SOIL SHAKER™

Tear up the trails and conquer mud, grit, fells and moorlands in the aggressive Higher State Soil Shaker™, designed for maximum grip on extreme terrain.

RRP £79.99 | **£29.99**

# EXTREME TERRAIN



# MAXIMUM GRIP



HST 1287



HST 1285



HST 1286



HST 1288



HST 1289

### Soil Shaker Outsole

Specifically designed to clear debris with every stride.

### Grippy Rubber Compound

Grips on all terrain from deep mud to wet rock.

### 8mm Multi-Directional Lugs

Tears up the trail, grips on extreme terrain and sheds mud.

### Cushioned EVA Midsole

Provides lightweight protection on all terrain.

### Closed Mesh Upper with Gusseted Tongue

Keeps debris out but with maximum breathability.





# TRAIN IN THE RAIN

- 1 WATERPROOF
- 2 TECHNICAL FIT
- 3 MOUNTAIN HOOD
- 4 FULL ZIP
- 5 CHEST ZIP POCKET
- 6 ANTI-MICROBIAL TREATMENT
- 7 VELCRO FASTENING CUFFS
- 8 ADJUSTABLE HEM
- 9 LONGER LENGTH HEM
- 10 REFLECTIVE DETAILS
- 11 PACKABLE



HST 1095

## HIGHER STATE TRAIL WATERPROOF LITE JACKET

RRP £139.99 | £49.99

The Higher State's Trail Jacket combines waterproofing and wind-proofing capabilities in equal abundance. Constructed with a technical fit in mind, superb breathability follows suit. Feel the flow, this is Higher State.

# BE FREE

## FREEDOM SOCK (5 PACK)

Structured anatomical design woven with precision performance comfort. Utilising a profusion of technical design features the Freedom Running Socks create a seamless transition between comfort, support and fit.

RRP £44.95 | **£9.99**

HST 1106

HST 1110

HST 1109

HST 1107



HST 1108

HST 1372



RUN

SKINS™

**SKINS DNAMIC**  
ULTIMATE LONG  
SLEEVE TOP  
WITH ½ ZIP  
**£94.99** SKI 1321

REACH YOUR  
ULTIMATE  
POTENTIAL

**SKINS DNAMIC** Ultimate  
compression range gives you  
more so you can give everything.  
Designed to help serious athletes  
get closer to their active goals,  
our top-tech tops and tights  
merge our medium compression  
profile with comfortable,  
functional features to power your  
performance, stabilise active  
muscles and keep injuries at bay.

**SKINS DNAMIC**  
ULTIMATE  
STARLIGHT  
LONG TIGHT  
**£109.99** SKI 1318

inov8

GYM

CHALLENGE  
ANY WORKOUT

F-LITE 235 - £124.99



Versatile training shoe, perfect for fitness workouts,  
performance training and weightlifting.



#### SUPREME STABILITY

The same high density Powerheel technology, zero drop proprioception, and new heel lock construction delivers maximum stability when lifting weights.

#### NATURAL FLEXIBILITY

Next generation Meta-flex technology allows optimal multi-directional flexibility and the metradle lacing system holds your foot secure in the shoe ensuring the shoe moves naturally with the foot.

#### UNRIVALLED GRIP

The unbeatable grip expected in all inov-8 models with 360 degree Rope-tec extended onto the shoe's upper for traction and durability on rope climbs.



INO 1475

INO 1476

INO 1038

INO 1503

INO 1504

INO 1038

#### F-LITE 230

It's back – and it's better than ever before with the addition of graphene grip (G-Grip) rubber on the outsole. The original functional fitness shoe, the one that shot inov-8 to prominence amongst the fitness community in 2009.

**£109.99**



INO 1480



INO 1481



INO 1482



INO 1483



RUN

**ENHANCE  
YOUR  
GAME.**



**CBT PULLOVER JACKET**  
**£89.95** REE 3232

**SPEEDWICK WOVEN  
TRACKSTER PANTS**  
**£42.95** REE 3231



REE 3112

**FLEXAGON TRAINING SHOE**  
**£69.95**

Inspired by the unique shapes of origami, the Reebok Flexagon is built to bend with you. An extra cushion foam is added under the forefoot for superior cushioning during HIIT movements and adds a pop of color to your workout wardrobe.

RUN

**GO** **MORE.  
GET MORE.**



**NIKE react**

**£129.95**

Cushioning that packs the sensation of pillows & Springs into a foam that never runs out of gas.



NIK 14930



NIK 14943



NIK 14947

**NIKE EPIC REACT FLYKNIT 2**

Introducing the Nike Epic React Flyknit 2, taking smooth, lightweight performance to the next level. Designed to feel soft and responsive even after hundreds of miles. It packs a burst of bouncy energy so you can get on the go, and stay there.



RUN CUSHIONED

asics  
I MOVE ME™

# GEL-NIMBUS™ 21

DISTANCE RUNNING,  
MADE COMFORTABLE.

£154.99



ASI 9188



ASI 9189



ASI 9190



ASI 9191

## WHAT'S NEW

Run further with the new GEL-NIMBUS™ 21 shoe for neutral runners. Experience lasting comfort and bounce you can rely on, from your first stride to the finish line with lightweight cushioning and a new improved fit.



### MAXIMUM SHOCK ABSORPTION

Stay comfortable on long runs thanks to the durable GEL™ technology offering maximum shock absorption.



### ENERGISED CUSHIONING

Get more bounce in every step with lightweight cushioning from new FLYTEFOAM™ Propel technology.



### IMPROVED FIT

The GEL-NIMBUS™ 21 model's updated design offers more room in the forefoot for an improved, comfortable fit.

asics

SUPPORT RUN

# I MOVE ME™



# GT-2000 7

SHIFT YOUR RUN



ASI 8891



ASI 8892



ASI 8893



ASI 8894

Driven by a passion for distance and stability, the enhanced, all new GT-2000™ 7 is here to take your run to the next level. Lighter and stronger materials are incorporated into the new silhouette for optimal performance and high mileage durability.

£119.99



RUN

saucony

# LINEAR SHADE

## BLUR THE LINES

When you find a shoe that's just your speed, it gives you confidence to run more. And life's better with more running. The Linear Shade Collection lends casual style to peak performance that's a perfect fit.



## RUN MORE, SWAP SHOES LESS

A whole new meaning to fast casual.



## THE LINEAR SHADE COLLECTION



SAU 3574

WOMEN'S FREEDOM ISO 2  
£139.99 CUSHIONED



SAU 3612

WOMEN'S TRIUMPH ISO 5  
£139.99 CUSHIONED



SAU 3587

WOMEN'S HURRICANE ISO 5  
£139.99 SUPPORT



SAU 3577

WOMEN'S RIDE ISO  
£119.99 CUSHIONED



SAU 3614

WOMEN'S GUIDE ISO 2  
£119.99 SUPPORT



SAU 3622

WOMEN'S KINVARA 10  
£114.99 CUSHIONED

EXPLORE SAUCONY AT [SPORTSSHOES.COM/SAUCONY](https://sportsshoes.com/saucony)

MIZUNO

## AN ICON RETURNS WAVE RIDER 22 £124.99

Designed to keep comfort and cushioning levels up, and temperature levels down, the Wave Rider 22 has a dual compound midsole constructed from U4icX and U4ic, and Wave cushioning technology for a shoe that's secure, and just waiting to spring into action. And, with a fully breathable, lightweight mesh upper, your feet won't be over-heating as you're over-taking.



# REACH BEYOND

WOMEN



MIZ 3696



MIZ 3697



MIZ 3698



MIZ 3699

## PERFORMANCE

### CUSHIONING

The amount of protection and comfort the shoe offers

Neutral Mid-soft Ultra soft

### SPEED

The combination of transition, weight & overall ride suitability for fast runners

Regular Fast Ultra Fast

### STABILITY

The level of stability the shoe offers to help offset over pronation.

Regular Enhanced Ultra stable



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RUN SUPPORT

HOKA ONE ONE

WOMEN

TIME TO FLY



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£129.99 HOK 775



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£119.99 HOK 776



TRACER 2  
£109.99 HOK 728

NEW BALANCE

RUN

# ULTRA CUSHIONED FOR THE LONG RUN

1080 V9

£134.99

Engineered with a full-length Fresh Foam midsole, New Balance updated the stylish women's running shoe with data collected from real runners.

FRESH  
FOAM

1080

## ULTRA HEEL

3D heel designed to increase fit and comfort

## ENGINEERED JACQUARD

Performance textile upper engineered with intention and specificity in fit, with midfoot wrap and room for toe splay



## LASER ENGRAVING

Data-inspired heel designs highlight Fresh Foam hex pattern

## FRESH FOAM MIDSOLE

Full length Fresh Foam midsole is achieved through data-to-design and is softer than in the v8



NEW 692580

NEW 692578

NEW 692639





# HOVR INFINITE

## LIFTS YOU UP

£119.99



UND 5179

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UA MAPMYRUN



**FEELS LIKE  
ZERO GRAVITY**

UA HOVR™ foam + mesh Energy Web helps eliminate impact & gives back the energy you put into every step.

**A MILLION MILES  
OF COMFORT**

Deep flex grooves & a stable platform keeps the ride soft & smooth, mile after mile after mile.

**FIT FOR  
YOUR BODY**

Gender-specific fit has comfort & support right where women & men need it, based on anatomical differences.

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# BE UNSTOPPABLE

**Seamless  
Construction**

**Mesh Structure**

**Loose Short  
Outer**

**Supportive  
short (Inner)**

**Headphone  
Exit (Inner)**

**Ronhill  
Women's Infinity  
Marathon T-Shirt**  
**£39.99**

Softness, stretch and zero chaffing is what makes the Marathon Tee really perform. A unique t-shirt in the range due to its "knitted in a tube" circular knit construction.  
RON 2877

**Ronhill Women's  
Infinity Marathon  
Twin Short**  
**£49.99**

Featuring an inner next to skin short perfect for comfort on the run combined with a flattering stretch woven outer.  
RON 2879

**Be all of your winter training.  
Be light and fast and free.  
Be with your friends. Be on your own.  
Be out there, again and again.  
Be unstoppable.**

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WOMEN

WOMEN



RUN

GYM

SKINS

**SKINS** DNAmic Ultimate compression range gives you more so you can give everything. Designed to help serious athletes get closer to their active goals, our top-tech tops and tights merge our medium compression profile with comfortable, functional features to power your performance, stabilise active muscles and keep injuries at bay.

**SKINS** DNAmic  
ULTIMATE SHORT  
SLEEVE TOP

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ULTIMATE  
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NATHALIE EMMANUEL

WOMEN





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